

Elf Judy's

ELF on the

SHELF

TRAINING

Story by **Santa AL Capehart**

Pictures by **Stacy Leanza**



Elf Judy's Elf on the Shelf Training

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Elves are independent, knowledgeable, and helpful, with highly developed specialty skills including IT, toy making, cookie baking, picture taking, and Santa helping. An elf can be small of stature, have an elusive presence and be a little mischievous, but always helpful.

My innate abilities, knowledge and skills came down from my Great Great Grandmother, Grand Elf Rosa. When I was born Grandmother Rachel told my mother, Renee, that I was one in a trillion. She said, “I can tell by the shape of her thumbs. Her hands are delicate yet strong and flexible. And her thumbs turn up at the first joint showing her to be telepathically intelligent, creatively artistic and determined.”

As I matured my eyes changed color. At birth my eyes were bright gold. Soon they were sky blue and later grass green.

My eye color reflects my mood and mental focus. When I'm calm, relaxed, comfortable and happy they are blue.



When receptive, contemplative, reflecting, meditating, or in deep thought they are gold.

When I'm active, agitated, or focused, they are bright green and gleam with determination.



My mother, Elf Renee breastfed me stimulating my ancestral family mix of a unique blend of DNA passed down through the Grand Elves. My grandmother oversaw my feeding with a mix of Vixon's reindeer milk. I grew strong and resilient being raised by wise women. Women, who affirm the relationship between mental and physical energy by focusing upon intent and results. My personal intent is to understand and to love others.

Life long learning is an elf's pursuit both as a trainer/teacher and learner/student – learning by doing and teaching is our motto. Santa Claus assigned me manager of the “Elf on the Shelf.” All of Santa's Elves have successfully completed Elf Elementary and Santa's Elf Boot Camp. With these qualifications elves have options for their next occupation. Some choose to be the “Elf on the Shelf”, thereby becoming members of Santa's Domestic Elf Corps, (SDEC). My job is to train and manage them.

I am like a drill sergeant in the first phase of their training turning green horns into crafty, silent, caring, swift, efficient witnesses for Santa Claus's Naughty/Nice list, like a loving network of spies. The Shelf Elves first appeared in 2005 as a “new” Christmas tradition. Now there are 15 million worldwide.



The operative name of the first 'Elf on the Shelf' was Scout. His sister Snowflake joined him later. The young children that they are assigned to give them their unique personal name. The elf's magic is the ability to flash fly a round trip to the North Pole to report in-person on their child to a Santa Claus Helper.



The elf loses its traveling magic if the child touches it. When asked by a parent or guardian, Santa can restore the elf's magic when the child admits their error in not following instructions, apologizes, asks forgiveness and promises not to touch the elf again. Santa's magic dust sprinkled on the elf restores its traveling magic.



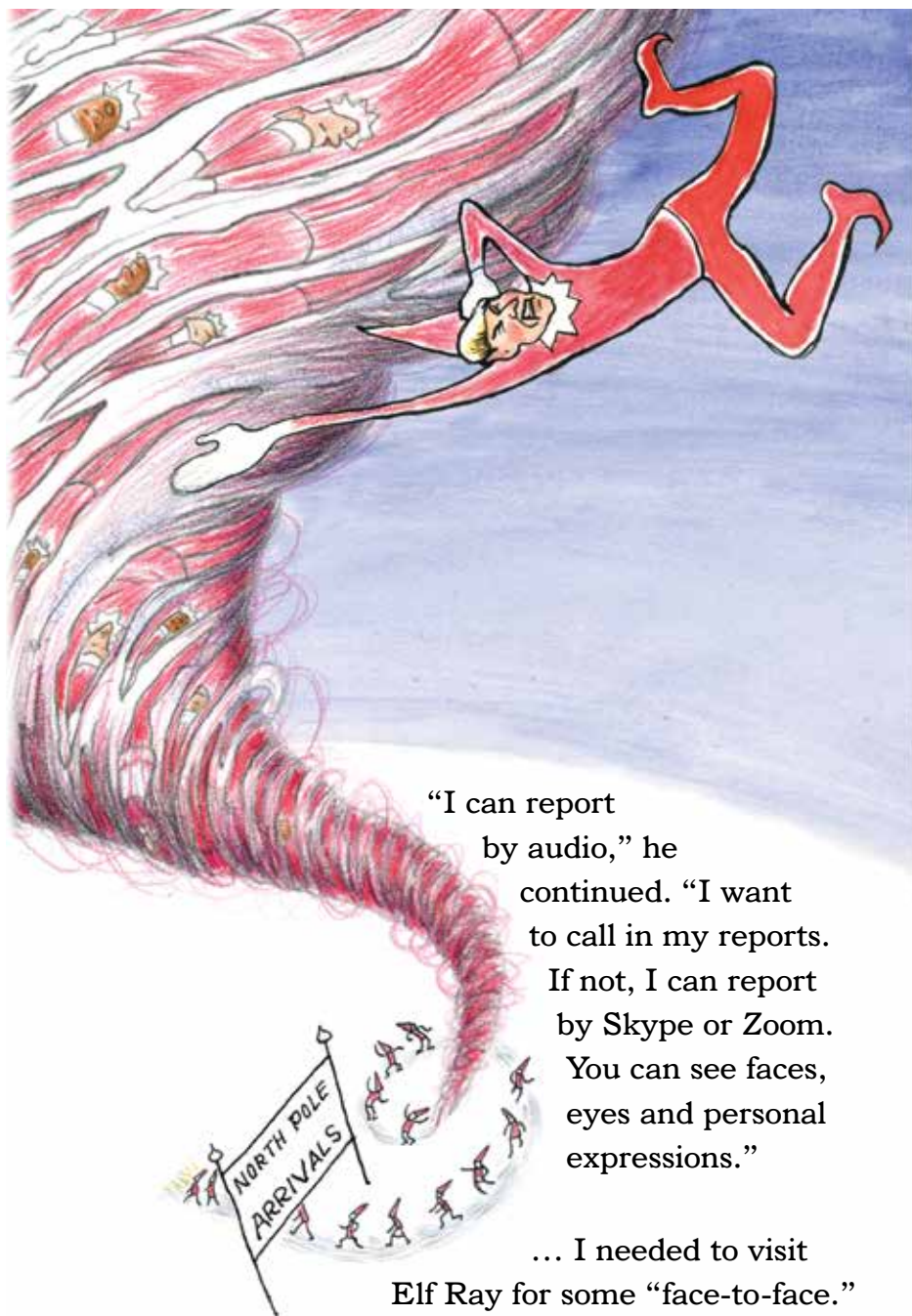
Observation training is their next phase. It begins with the development of a keen sense of awareness of one's surroundings like the famed detective Sherlock Holmes. Looking at the environment, settings, differences, patterns, motives and possible links. And training on how to focus breathing, meditate and practice fairness, forgiveness, justice and compassion. With optimism and confidence in elf powers the elf can remain motionless indefinitely silently observing. And still deal with the stresses of an instant flash round trip to the North Pole for in-person reporting.



This reporting is in preparation for Santa Claus’s annual gift giving visit. I also manage the “Elf on the Shelf” North Pole traffic logistics using my natural confluence of digital energy exchange.



Initially Elf Ray presented me a management challenge. He had completed his basic training, but was not making the required nightly round trips. He had difficulty with the flash round trip to the North Pole for his in-person reporting. He said, “The flash round trip makes me dizzy and faint.”



“I can report by audio,” he continued. “I want to call in my reports. If not, I can report by Skype or Zoom. You can see faces, eyes and personal expressions.”

... I needed to visit Elf Ray for some “face-to-face.”

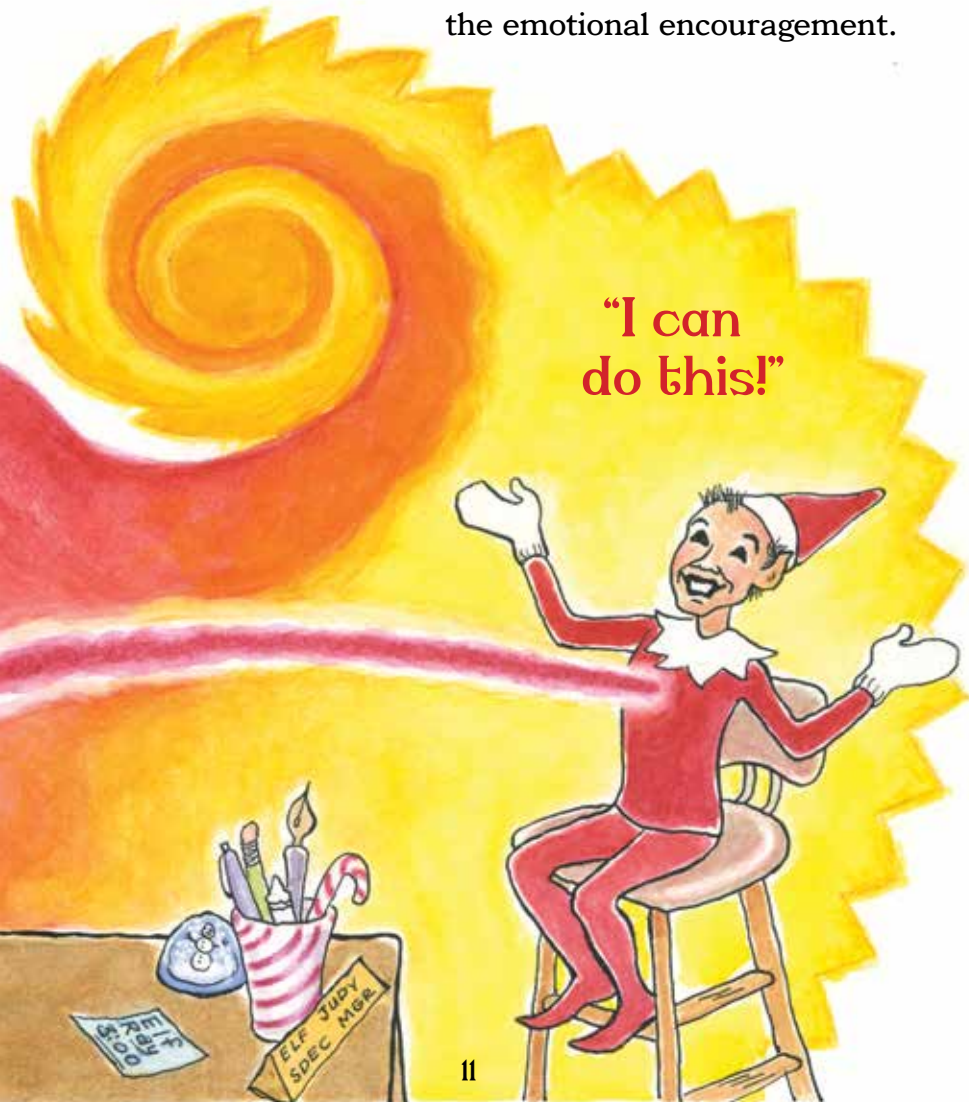
Elf Ray became apprehensive. My talks have a reputation and can be life changing. We met in the North Pole Conference Center in the Elf Community Room.

He wore his bright red “Elf on the Shelf” suit. On his face was a weary smile hoping for a positive experience.



In his presence my eyes become golden. I tap into his total sense of being. His body becomes energized; his mind races, and his knees feel weak. I tune into his awareness making him feel deeply known, appreciated and responsible. I transmit a positive thought. He feels the thought making it his own. I send him the thought and the emotional encouragement.

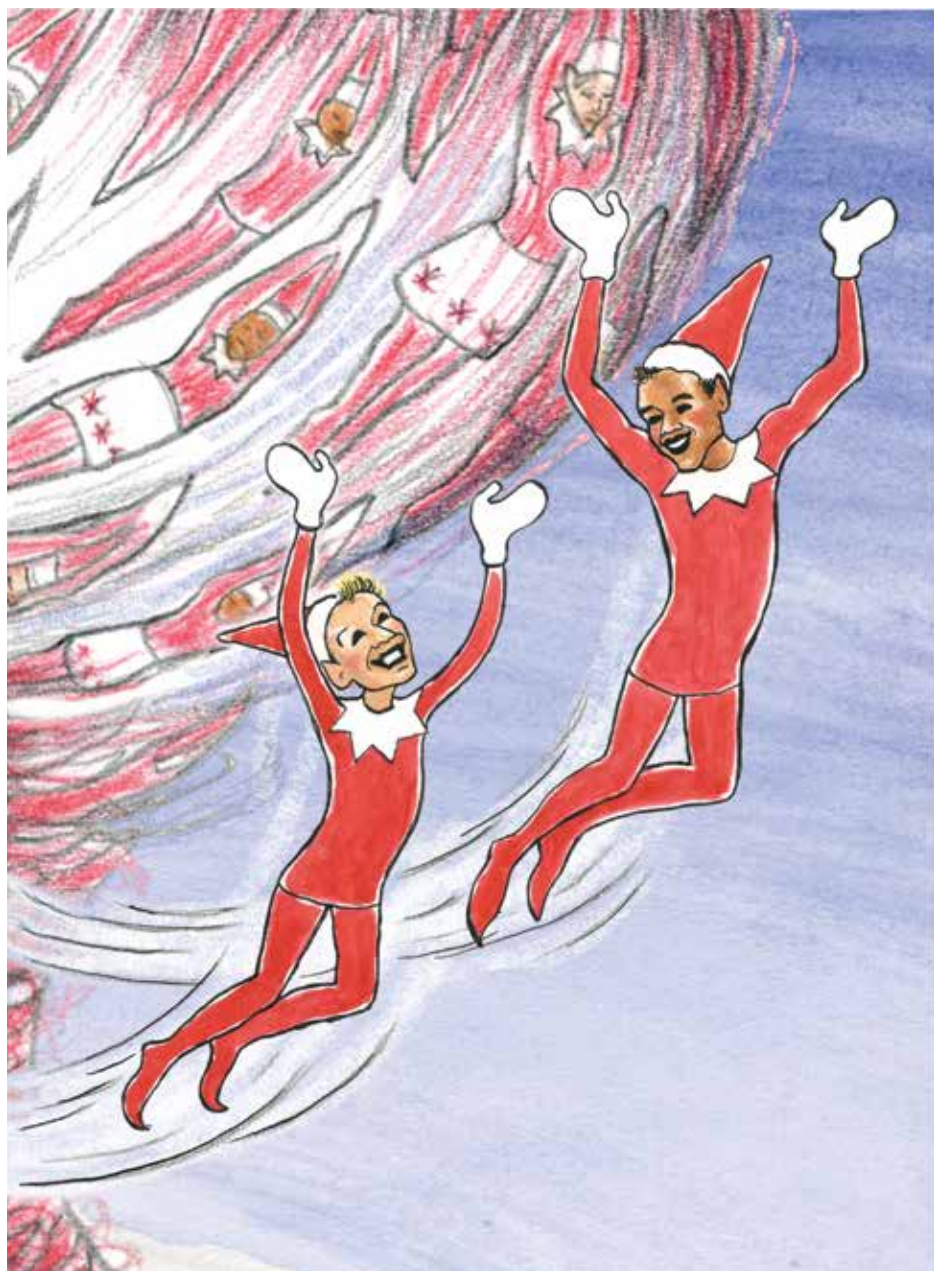
**“I can
do this!”**



I say, “Elf Ray you know Santa Claus wants all communications to be done person to person. Santa knows communication reaches beyond words and actions. It comes from the heart and goes to the heart. It is one’s energy interacting with another’s energy creating a third and shared energy of understanding and empathy.

To represent and report on your child in the best way possible, you will need to do your reporting in person - face to face if you wish to continue in the S.D.E.C. If you can’t do it, I can notify Chief Elf Bernard to transfer you to the toy department. They need an elf to paint fire trucks blue.”

Elf Ray’s regeneration began. He felt recognized, refreshed, energized and capable. To assure his success I assigned Elf Andy to be his running mate. They are a great team and do their round trips together.



My next adventure is finding Elf Tony.



AL Capehart began Santa work in 1992 and has done it all, from parades to malls. He published his first book, *Behind Santa's Smile*, in 2014, available at [amazon.com](https://www.amazon.com)

Elf Judy emerged as a character in a speculative fiction writing class at Central Piedmont Community College in Pittsboro, NC, in 2012.

Stacy Leanza is an illustrator, art coach, and teacher who is happiest when she gets to use her imagination to serve the greater good of the planet and its people. Find her artwork and ideas at www.leanza-art.com

